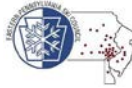




A non-profit organization founded in 1947 and dedicated to the promotion of all facets of skiing & winter sports - plus activities for the education and enjoyment of its members.

A member of Eastern PA Ski Council. <http://www.easternpaskicouncil.org>



You can also find us on Facebook. [Click here for Facebook](#)

<http://www.ptarmiganskiclub.org/>

Calendar of Events - Post In a Visible Location:

Happy Hour: Contact Bill Ortner, 5:00 pm Every Friday
 General Meetings at Christopher's – Knights of Columbus (KoC)
 Book Club, third Wed of every month 6:30 pm.

-----Oct-----		
Oktoberfest: Bill Ortner	Sat 2 pm	Oct 7
General Meeting: Sub & Movie	Tue 7 pm	Oct 10
General Meeting: Speaker: Tom Weiser	Tue 7 pm	Oct 24
-----Nov-----		
General Meeting: Winter Expo	Tue 7 pm	Nov 14
Hike & Soup	Sun 1 pm	Nov 19
-----Dec-----		
Holiday Happy Hour: Barn House	Fri 5:30 pm	Dec 8
General Meeting: Phil's Year in Review	Tue 7 pm	Dec 12
Xmas Eve/Eve Party	Sat 5:00 p	Dec 23
-----Jan-----		
General Meeting: Ski Party at Blue Mt	Tue 7 pm	Jan 9
Ski Andorra & Spain: Mark Baechle	Fri Jan 12	Mon Jan 22
Ski Mt Bachelor: Donna Westgate	Sat Jan 20	Sat Jan 27
Ski Ischgl, Austria: Catherine Chrapacz	Fri Jan 26	Sun Feb 4
-----Feb-----		
General Meeting: Ski Party at Blue Mt	Tue 1 pm	Feb 13
Ski Telluride, Co: Brian Nuss	Sat Feb 24	Sat Mar 3
-----Mar-----		
General Meeting: KoC Election	Tue 7 pm	Mar 13
Ski Red Mt, BC: Mark Baechle	Sat Mar 17	Sat Mar 24
-----Apr-----		
Spring Banquet: Green Pond CC	Sat TBD	Apr 28



President's Message

Mary Ann Bedics
 President, Ptarmigan Ski Club

Still Celebrating...

We opened the 2017-2018 winter season "Celebrating 70 Years". A logo sheet cake, balloons, and memorabilia were on display to take us down memory lane.

We had a full house and excitement filled the Knights of Columbus Ballroom in anticipation of the coming winter. (Or maybe it was the wine and beer???)

Trip leaders showcased their upcoming trips. (Can anyone take all of them?) Dale Gogel is our Blue Mountain liaison and promised to get voucher information to us ASAP. (70 year olds need not worry!)

Board members were introduced and recapped their responsibilities. There will be some officer and board member openings for 2018-2019. Think about volunteering.

Let's keep up the celebrating spirit and enjoy all of the activities planned for your enjoyment. Check out the Calendar of Events and save a few of the dates.

General Meeting – Tue Oct 10th 7 pm

Christopher's – Knights of Columbus (KoC)
 1519 West Greenleaf Street, Allentown

Sub & Movie Night

Order Your Sub Now – See Flyer Below.

Ptarmigan's Oktoberfest Sat Oct 7th

Where: Bill Ortner's Home Time 2 pm until!

There will be Bratwurst and other Sausages, w/Sauerkraut, and Homemade Split-Pea Soup served during the day.

Around 4 pm we'll begin serving Pulled Pork along with some traditional Oktoberfest sides.

Beer, Wine and Bottled Water will be available.

If you like, you may bring an Appetizer or Dessert to Share.

Bring a Picnic Chair if you want to sit.

There will be a Campfire after Dinner.

Over 60 People Signed Up – See You There!



2017/2018 Ski Season – Trips:

Andorra & Barcelona, Sp: Fri Jan 12 – Mon Jan 22, 2018

- \$2399 (Early Sign up Price) there after \$2499
- Air from Newark <-> Barcelona, Bus Barc <-> Andorra
- 7 Nights 4* Art Hotel Andorra, 2 Nights Hotel Regent Barc.
- 9 Breakfasts, 7 Dinners and 5 day Lift Ticket
- Mark Baechle 610-57-5825 SkiPro99@gmail.com

Mt Bachelor, Or.: Sat Jan 20 - Sat Jan 27, 2018

- \$1700
- Round Trip Air & Land Phil <-> Portland
- 7 Nights Riverhouse Hotel dbl/occ with Breakfast
- 5 of 6 DY Lift Pass
- Donna Westgate 610-392-9200
travelswithdonna@yahoo.com

Ischgl, Austria: Fri Jan 26 – Sun Feb 4, 2018

- \$2050 pp dbl/occ (tax, fees, surcharges included)
- 7 Nights 4* Hotel Anthony w/Breakfast & Dinner
- One Night 4* Hotel Glockenhof in Zurich w/Breakfast
- Swiss Air Newark – Zurich Skies Fly Free
- Catherine Chrapacz 610-428-3547 katyataz@yahoo.com

Telluride, Co.: Sat Feb 25 – Sat Mar 3, 2018

- Mountainside Inn - \$2037, Riverside Condos \$2263, Peaks Resort - \$2668
- Round Trip Air Newark <-> Montrose + Bus
- 7 Nights' Accommodations
- 5 Day Lift Ticket
- Brian Nuss 610-730-2777 brianjnuss@gmail.com

Red Mt. BC: Sat Mar 17 – Sat Mar 24, 2018

- \$1888 (Early Bird Price) after that \$1999
- Slopeside Condos at Salom Creek
- Air to/from Philly
- 4 of 6 Day List Pass + Bus to Resort
- Mark Baechle 610-57-5825 SkiPro99@gmail.com

Editor's Note: Ptarmigan Ski Club requires all trips to have a written cancellation policy - Please read the trip flyers for details and cancellation policy. All Flyers are available on our Web Site: <http://ptarmiganskiclub.org/Trips.html>

Membership DUES: 2017/2018 Season

Renew your membership for the 2017/2018 Season.

Send your dues beginning September 1st until Oct 31st to: Mary Laronge, 556 Parkside Court, Allentown, Pa 18104.

Renewal: \$16 Single or \$26 Family.

New Members \$20 Single or \$30 Family

New Memberships are valid until Apr 30, 2019

All Members will receive the Ptarmigan Newsletter FREE by Email.

Members wishing to receive Hardcopy must pay \$5 in addition to their annual dues.

Programs for this Season's General Meetings

And Other Events

- Tue Oct 10: Sub & Movie Night
- Tue Oct 24: Speaker: Tom Weiser
- Tue Nov 14: Winter Expo – Time 7 – 9 pm
- Fri Dec 8: Holiday Happy Hour – Barn House 5:30 pm
- Tue Dec 12: Year in Review – Phil Hublitz Movie
- Sat Dec 23: Christmas Eve/Eve Party Time 5:00 pm
- Tue Jan 9: Ski Party at Blue Mt. – at 7:00 pm
- Tue Feb 13: Ski Party at Blue Mt. – at 1:00 pm
- Tue Mar 13: Election of Offices and Board

Trips Update

Catherine Chrapacz – Ischgl, Austria

Still some openings must have commitments by 10/15.

Donna Westgate - Mt Bachelor:

Opening for one single male needing a male roommate

Mark Baechle – Andorra:

There are still some openings for the Andorra & Barcelona Trip in January.

Mark Baechle – Red Mt:

Still some openings for the Red Mt. Trip in March.

Remembering Joe

by Mary Ann Bedics

Joe Simoson was an active and longtime member of the Ptarmigan Ski Club. He received the "Buz Griffith Memorial Award" in 1972-1973 and held the office of Treasurer in 1973-1974. Sadly, Joe passed away on August 22, 2017. Joe will be remembered for his quiet strength, his zest for life as a skier, cyclist, hiker, gardener, and car show enthusiast. He will be missed by his family and friends.



WINTER SPORTS EXPO

The Winter Sports Expo will return in its "mini" version on **Tuesday November 14 at our General Meeting at the Knights of Columbus**. Although it returns in a smaller, more cozy way, all the favorites you've come to enjoy will return: Lift Ticket Raffles, Door Prizes and Live Auction Items.

More information will be out in the coming weeks including what Exhibitors will be attending in, and what goodies we have to offload.

Mark your calendars now... Tuesday November 14th 7-9pm.

Shaping up with Sharon...

by Mary Ann Bedics

As observed by our PT speaker, Sharon Ernst, Ptarmigans are a very friendly, active group who are in pretty good shape. (Yes, you still must get in shape for the ski season!) Get those dormant muscles out of the mothballs. So to inspire us Sharon gave an excellent interactive presentation at our 9/26/17 meeting at the Knights of Columbus. She stressed the importance of balance, flexibility, and strength while pursuing your favorite winter sports as well as everyday activities. As we participated in a number of exercises and tried the portable balance machine it was evident that some of us (me?) need to start now to prepare for the slopes.

Sharon gave many examples of how important the feet, hips, eyes and ears play in maintaining stability.

Sharon is a Physical Therapist affiliated with St. Luke's. She is also a Certified Exercise Expert for Aging Adults and a Certified Lymphedema Therapist.

I was fortunate to have Sharon for my own PT this past summer. She volunteered to speak to our club even without my twisting her arm!



Sharon Ernst, PT, CLT, CEEAA

Clambake Big Success

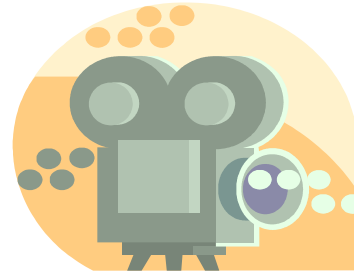
A new event this year, Ptarmigans met on Saturday, September 9th at the Copeechan Grove in Schnecksville for a day of good food, music and games.

Organized by Mary Laronge, the fully catered event started with hamburgers, hot dogs and clam chowder followed by clams and bar-b-que chicken.

But most fun of all were the "adult" games provided by Ronnie Rother. Except for a few shy souls, almost everyone jumped in and played. A good time was had by all!



Join Ptarmigan Ski Club for.....



A Sub and Movie Night

Oct 10th7pm

4 Choices

Italian

Tuna and Provolone

Turkey and Provolone

Veggie

With All the Trimmings and Dessert **\$8.00 ea.**

Please reserve by: Oct. 3rd

Any questions, contact Joyce Gilmore: mindycat36@yahoo.com or 610-683-6593

Make Check Payable to: Ptarmigan Ski Club. Tear off Order Below and Send with Payment to:
Kathy Seufert 5210 Suncrest Circle, Whitehall, PA 18052. 610-393-7324 or kathyhm@rcn.com

Name----- Sub Choice _____

Name----- Sub Choice _____

PTARMIGAN SKI CLUB CONTACTS				
Officers	President	Mary Ann Bedics	610-868-8008	maryannbedics@rcn.com
	Vice President, Ski	Jeanne Weiser	610-965-4087	weiser@ptd.net
	Treasurer	Kathy Seufert	610-393-7324	kathyhm@rcn.com
	Membership Secretary	Mary Laronge	610-737-2349	marynlaronge@gmail.com
	Recording Secretary	Barb Stephens	610-462-6001	barbarabstephens50@gmail.com
Board Members	Past President	Brian Nuss	610-730-2777	powder-hound@verizon.net
	Elected	Bill Ortner	610-799-2549	wortner@att.net
	Elected	Ronnie Rother	610-657-6267	veronica.rother@gmail.com
	Elected	Joyce Gilmore	610-683-6593	mindycat36@yahoo.com
	Appointed	Joe Reilly	610-737-8133	sretal@aol.com
	Appointed	Tim White	215-679-3665	twhite@cmsagresearch.com
	Appointed	Phil Hublitz	484-809-4102	philhublitz@rcn.com
Committees and Contributors	Newsletter Editor	Bill Ortner	610-799-2549	wortner@att.net
	Webmaster	Ronnie Rother	610-657-6267	veronica.rother@gmail.com
	Blue Mt. Vouchers	Dale Gogel	610-767-1546	dalego@aol.com
	Bear Creek Vouchers			
Club Affiliations				
	Eastern PA Ski Council	Tom Weiser	610-965-4087	weiser@ptd.net
	Special Olympics	Dale Gogel	610-767-1546	dalego@aol.com

✂-----

PTARMIGAN SKI CLUB - 2017/2018 Season Membership Renewal and New Member Application

Please complete this entire form *including the date and your signature*. Make checks payable to **PTARMIGAN SKI CLUB**. Send form, payment *and a self-addressed stamped envelope* to: **Mary Laronge, 556 Parkside Court, Allentown, PA 18104**. Otherwise, you may feel free to pick-up your card(s) at our monthly meetings.

Last Name: _____ First Name: _____
 Spouse: _____ Children: _____
 Address: _____ City: _____
 Phone: _____ State: _____ Zip: _____
 Email: _____ Sponsored By (if applicable): _____

Print email in UPPERCASE to avoid confusion)

The Ptarmigan Newsletter is sent by Email (be sure to include your Email Address); however you may request a Hardcopy by including an additional \$5 with your Annual Dues – Check the box below.

2017/2018 Season - Membership Dues: Please Check the Appropriate Boxes Below

Current Member Renewal (due May 1st): \$16 Single \$26 Family
Late Renewal (after Oct 31st): \$20 Single \$30 Family **Renew before Oct 31st and Save**

New Member Application: \$20 Single \$30 Family **New Memberships valid until Apr 30, 2018**
 \$5 Additional for Hardcopy Newsletter via US Postal (everyone will get it FREE by Email)

Acknowledgement of Responsibility / Release of Liability:

The Ptarmigan Ski Club is a year-round sports and social club providing a variety of activities for its members. Participation in these activities can involve risk and personal injury. I fully accept and understand these risks and voluntarily assume all risks either known or not readily foreseeable. I agree not to hold the Ptarmigan Ski Club, its officers, board members, or any volunteers, liable for any accident or injury resulting from my participation in any club activity.

Signature: _____ Date: _____ Signature: _____ Date: _____
Note: Adult member is responsible for each named minor. Each adult must sign.

Demographic Information: Age: 21 -39 40 - 59 60 & over Male Female

Visit us online at <http://www.ptarmiganskiclub.org> and [FACEBOOK](#)